Coverage for: Single + Family | Plan Type: POS

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to <u>www.meritain.com</u> or call (888) 692-2654. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary</u> or call Meritain Health, Inc. at (800) 925-2272 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	For participating <u>providers</u> : \$2,500 person / \$5,000 family For non-participating <u>providers</u> : \$4,000 person / \$8,000 family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. For participating <u>providers</u> : <u>Preventive care</u> , <u>emergency room care</u> <u>emergency</u> only, all <u>providers</u> ), <u>urgent care</u> , and office visits are  covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For participating providers: \$3,500 person / \$7,000 family (coinsurance) / \$8,000 person / \$16,000 family (deductible, coinsurance and copays) For non-participating providers: \$10,000 person / \$25,000 family (coinsurance) / Unlimited (deductible, coinsurance and copays)	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit?</u>	<u>Premiums</u> , <u>balance billing</u> charges and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> limit.
Will you pay less if you use a network provider?	Yes. See www.aetna.com/docfind/custom/my meritain or call (800) 343-3140 for a list of network providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan</u> 's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



		What Yo	u Will Pay	
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	\$25 <u>copay</u> /visit (office visit)/ 30% <u>coinsurance</u> (all other services)	40% <u>coinsurance</u>	Copay applies to the physician office visit only. Includes telemedicine other than Teladoc. There is no charge and
	<u>Specialist</u> visit	\$40 <u>copay</u> /visit (office visit)/ 30% <u>coinsurance</u> (all other services)	40% <u>coinsurance</u>	the <u>deductible</u> does not apply if you receive consultation services through Teladoc.
	Preventive care/screening/immunization	No Charge (preventive)/Applicable cost share (routine)	40% <u>coinsurance</u>	You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services you need are <u>preventive</u> . Then check what your <u>plan</u> will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	30% coinsurance	40% coinsurance	none
	Imaging (CT/PET scans, MRIs)	30% <u>coinsurance</u>	40% <u>coinsurance</u>	Preauthorization recommended for PET scans and non-orthopedic CT/MRI's.
If you need drugs to treat your illness or	Generic drugs	\$15 <u>copay</u> (retail)/ \$37.50 <u>copay</u> (mail order)	Not Covered	<u>Deductible</u> does not apply. Covers up to a 31-day supply (retail prescription);
condition  More information	Preferred brand drugs	\$60 <u>copay</u> (retail)/ \$150 <u>copay</u> (mail order)	Not Covered	90-day supply (mail order prescription); 30-day supply (specialty
about <u>prescription</u> <u>drug coverage</u> is	Non-preferred brand drugs	\$80 <u>copay</u> (retail)/ \$200 <u>copay</u> (mail order)	Not Covered	drugs). The copay applies per prescription. There is no charge for
available at www.KPP-RX.com	Specialty drugs	\$150 <u>copay</u> (retail)	Not Covered	preventive drugs. Dispense as Written (DAW) provision applies. Specialty drugs must be obtained from the specialty pharmacy network. Failure to enroll in the Select Drugs and Products Program for a prescription drug or product listed on the Select Drugs and Products List will result in a penalty equal to 100% reduction in benefits payable. All specialty drugs are subject to prior authorization and step therapy.

		What You Will Pay		
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)  Physician/surgeon fees	30% coinsurance 30% coinsurance	40% coinsurance 40% coinsurance	<u>Preauthorization</u> recommended for certain surgeries. See your <u>plan</u> document for a detailed listing.
If you need immediate medical attention	Emergency room care  Emergency medical	\$200 copay/visit (emergency services)/30% coinsurance (non- emergency services) 30% coinsurance	\$200 copay/visit (emergency services)/40% coinsurance (non- emergency services) 30% coinsurance	Non-participating <u>providers</u> paid at the participating <u>provider</u> level of benefits for <u>emergency services</u> . <u>Copay</u> is waived if admitted to the hospital.  Non-participating <u>providers</u> paid at the
	transportation Urgent care	\$50 <u>copay</u> /visit	40% coinsurance	participating <u>provider</u> level of benefits. <u>Copay</u> applies per visit regardless of what services are rendered.
If you have a hospital stay	Facility fee (e.g., hospital room)  Physician/surgeon fees	30% coinsurance 30% coinsurance	40% coinsurance 40% coinsurance	Preauthorization recommended.
If you need mental health, behavioral health, or substance	Outpatient services	\$25 <u>copay</u> /visit (office visit) /30% <u>coinsurance</u> (all other outpatient)	40% coinsurance	Includes telemedicine other than Teladoc.
abuse services	Inpatient services	30% coinsurance	40% <u>coinsurance</u>	<u>Preauthorization</u> recommended.
If you are pregnant	Office visits	\$25 <u>copay</u> /visit (No charge for initial visit)	40% <u>coinsurance</u>	<u>Preauthorization</u> recommended for inpatient hospital stays in excess of 48
	Childbirth/delivery professional services	30% coinsurance	40% <u>coinsurance</u>	hrs (vaginal delivery) or 96 hrs (c- section). <u>Cost sharing</u> does not apply
	Childbirth/delivery facility services	30% coinsurance	40% <u>coinsurance</u>	to <u>preventive services</u> from a participating <u>provider</u> . Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). Baby does not count toward the mother's expense; therefore the family <u>deductible</u> amount may apply.
If you need help recovering or have	Home health care	30% coinsurance	40% <u>coinsurance</u>	Limited to 100 visits per year. <u>Preauthorization</u> recommended.
other special health needs	Rehabilitation services	30% <u>coinsurance</u>	40% <u>coinsurance</u>	Physical, speech/hearing, respiratory & occupational therapy limited to 30 visits per each type of therapy per year.

		What You	u Will Pay	
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	<u>Habilitation services</u>	30% coinsurance	40% coinsurance	none
	Skilled nursing care	30% coinsurance	40% coinsurance	Limited to 100 days per year.  Preauthorization recommended.
	Durable medical equipment	30% <u>coinsurance</u>	40% <u>coinsurance</u>	Preauthorization recommended for electric/motorized scooters or wheelchairs and pneumatic compression devices.
	Hospice services	30% coinsurance	40% coinsurance	Bereavement counseling is covered.
If your child needs	Children's eye exam	Not Covered	Not Covered	Not Covered
dental or eye care	Children's glasses	Not Covered	Not Covered	Not Covered
	Children's dental check-up	Not Covered	Not Covered	Not Covered

#### **Excluded Services & Other Covered Services:**

Services Your Plan Ger	nerally Does NOT Cover (Check yo	our policy or <u>plan</u> document	for more information and a list of	of any other <u>excluded</u>
services.)				-

- Acupuncture
- Cosmetic surgery
- Dental care (Adult & Child)
- Glasses (Adult & Child)

- Hearing aids
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing (except for home health care & hospice)
- Routine eye care (Adult & Child)
- Routine foot care (except for metabolic or peripheral vascular disease)

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

- Bariatric surgery (for morbid obesity only
   1 surgical procedure per lifetime)
- Chiropractic care (30 visits per year)
- Infertility treatment (\$15,000 per lifetime)
- Weight loss programs (for morbid obesity only)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is the U.S. Department of Labor, Employee Benefits Security Administration at (866) 444-3272 or <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a> or First United Corporation at (888) 692-2654. Other coverage options may be available to you too, including buying individual insurance coverage through the <a href="health Insurance">Health Insurance</a> <a href="Marketplace">Marketplace</a>. For more information about the <a href="health-Insurance">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact the U.S. Department of Labor, Employee Benefits Security Administration at (866) 444-3272 or www.dol.gov/ebsa/healthreform or First United Corporation at (888) 692-2654.

Additionally, a consumer assistance program can help you file your <u>appeal</u>. Contact the Maryland Office of the Attorney General, Health Education and Advocacy Unit at (877) 261-8807/(410) 528-8662.

#### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

#### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-378-1179.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-378-1179.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码1-800-378-1179.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-378-1179.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

### About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

## Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

The <u>plan's</u> overall <u>deductible</u>	\$2,500
Primary care physician copayment	\$25
■ Hospital (facility) coinsurance	30%
■ Other coinsurance	30%

# This EXAMPLE event includes services like:

Primary care physician visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

## Total Example Cost \$12,700

In this example, Peg would pay:

in this champio, i of women puly	
Cost Sharing	
Deductibles	\$2,500
Copayments	\$10
Coinsurance	\$3,000
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$5,570

## Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,500
Specialist copayment	\$40
■ Hospital (facility) coinsurance	30%
Other coinsurance	30%

# This EXAMPLE event includes services like:

Specialist office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (glucose meter)

Total Example Cost \$5,600

In this example, Joe would pay:

Cost Sharing	
Deductibles	\$900
Copayments	\$1,200
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$2,120

### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,500
Specialist copayment	\$40
■ Hospital (facility) copayment	\$200
Other coinsurance	30%

# This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

In this example, Mia would pay:

Cost Sharing	
Deductibles	\$1,700
Copayments	\$300
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$2,000